

Joseph Day, Dr.PH

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Education

2011

Doctor of Public Health

School of Public Health, Division of Community Health Sciences, University of Illinois at Chicago, Chicago, Illinois

Dissertation defended – October 2010

Dissertation: Cumulative Risk, Psychological Distress and Risk Behavior among Youth from Low Resource Urban Communities

2002

Master of Arts in Psychology

Governor State University, University Park, Illinois

Thesis: The Effect of Race on the Diagnosis of Oppositional Defiant Disorder

1986

Bachelor of Arts in Psychology

Chicago State University, Chicago, Illinois

Research Experience

June 2013-June 2014

Research Associate- Communication Science

For the GMI-1070 Phase III trial (Pfizer Pharmaceuticals) -A drug that will be used to alleviate the pain associated with a Sickle Cell Crisis. Scope of work involves ethnographic interviews that will be used to design communication tools to increase the number of consenting candidates for the trial. These materials will inspire, despite the barriers and distractions each group faces:

- (1) Patients to enroll and
- (2) Professionals to recruit

Competitive Funding

2007- 2010

Co-Investigator, *Increased Recruitment of African American Males by Using Elements of Cultural Values in Promotional Materials*. NIMH Minority Supplement to R01 NR010313-01A1. Institute for Health Policy and Research, University of Illinois at Chicago.

Award amount - \$170,746

2011

Research Specialist /Implementation Coordinator - *Social and Character Development Project (SACD)*

Institute for Health Policy and Research, University of Illinois at Chicago

2007 -2010

Co-Investigator, *Increased Recruitment of African American Males by Using Elements of Cultural Values in Promotional Materials*. NIMH Minority Supplement to R01 NR010313-01A1. Institute for Health Policy and Research, University of Illinois at Chicago

2011-Present

Consultant-Positive Action a character education program in the Chicago Public School system, including classroom curriculum and in-home programs.

2004 – 2010

Research Assistant/Implementation Coordinator - *Social and Character Development Project (SACD)*
Institute for Health Policy and Research, University of Illinois at Chicago

Tasks: Implement and evaluate all components of *Positive Action*, a character education program in the Chicago Public School system, including classroom curriculum and in-home program. This program, designed to evaluate character education, is part of a national randomized controlled trial sponsored by the Department of Education.

2003 – 2007

Research Assistant – *Homelessness Chronic Illness and Case Management* -Collaborative Research Unit,
Department of Medicine, Stroger Hospital of Cook County, Chicago, Illinois

Tasks: Enrolled, tracked and interviewed participants in a longitudinal study examining the relationship between case management, homelessness, and chronic illness

2006 – 2007

Research Assistant - *Making the Connection* - Institute for Health Policy and Research, University of Illinois at Chicago

Tasks: Worked in the Greater Lawndale, Gage Park and additional Southwest Chicago communities to recruit pre-diabetic participants into a CDC funded study.

2006

Research Assistant - *The Incarceration Project* - HIV/AIDS Research and Policy Institute, Chicago State University, Chicago, Illinois

Tasks: Interviewed participants and acted as the data manager. This study examined HIV rates for incarcerated African Americans.

2001 – 2003

Project Coordinator - Department of Child and Adolescent Psychiatry, Children’s Memorial Hospital, Chicago, Illinois

Tasks: Managing and coordinating the day to day operation of several clinical drug trials and academic studies including subject screening, assessments and data management. Developed research plans, abstracts and consent/assent documents for IRB submission and subject recruitment programs; prepared reports and presentations; assisted in the preparation of manuscripts; and liaised with funding sources, prepared budgets, tracked expenditures and accounts. Responsible for quality assurance and the development of projects in support of continued quality care for patients; the development of instruments to collect data for aforementioned projects; and reported findings to steering committee via written reports and oral presentations.

1999 – 2001

Research Coordinator- Department of Child and Adolescent Psychiatry, Children’s Memorial Hospital, Chicago, Illinois

Tasks: Responsible for the day to day operation of studies including recruitment, consenting, interviewing, and assessing subjects for clinical drug trial and academic studies. Administered rating instruments, performed assessments, scheduled patients, data entry, attended research meetings and was. Involved in writing and submitting proposals

Teaching Experience

2012-Present

Assistant Professor/Program Coordinator – College of Health and Human Services, Community Health Program- Governors State University

2011-Present

Adjunct Professor –Division of Community Health Sciences School of Public Health University of Illinois at Chicago

2009-Present

Instructor - Department of Psychology, University of Illinois at Chicago

Teaching Assistant/Guest Lecturer - Division of Community Health Sciences, School of Public Health, University of Illinois at Chicago

2001 - 2007

Consultant, Chicago Communities in Schools (funded through Children’s Memorial Hospital)

1997 - 2008

Instructor, Crisis Prevention Intervention, Department of Child and Adolescent Psychiatry, Children’s Memorial Hospital, Chicago, Illinois

Publications

Joseph Day, Peter Ji, David DuBois, Naida Silverthorn, Brian R Flay. Social-Environmental Adversity Exposure as a Predictor of Psychological Distress and Risk Behavior in Urban Youth. Under review at the Journal of Child and Family Studies.

Niloofar Bavarian, Kendra M Lewis, David L Dubois, Alan Acock, Samuel Vuchinich, Naida Silverthorn, Frank J Snyder, **Joseph Day**, Peter Ji, Brian R Flay. Using social-emotional and character development to improve academic outcomes: a matched-pair, cluster-randomized controlled trial in low-income, urban schools. Journal of School Health 11/2013; 83(11):771-9

Ruggiero L, Riley B, Hernandez R, Quinn L, Gerber B, Castillo A, **Day J**, Ingram D, Wang Y, Butler P. “Medical Assistant Coaching to Support Diabetes Self-Care among Low-income Racial/Ethnic Minority Populations”, submitted to Western Journal of Nursing Research. 08/2013

Kendra M Lewis, David L Dubois, Niloofar Bavarian, Alan Acock, Naida Silverthorn, **Joseph Day**, Peter Ji, Samuel Vuchinich, Brian R Flay. Effects of Positive Action on the Emotional Health of Urban Youth: A Cluster-Randomized Trial. Journal of Adolescent Health 07/2013.

Kendra M Lewis, Marc B Schure, Niloofar Bavarian, David L Dubois, **Joseph Day**, Peter Ji, Naida Silverthorn, Alan Acock, Samuel Vuchinich, Brian R Flay (2013). Problem behavior and urban, low-income youth: A Randomized Controlled Trial of Positive Action in Chicago. American journal of preventive medicine . 06/2013; 44(6):622-630. .2013.01.030 pp.622-630

Jarpe-Ratner; Fagen, Michael; **Day, Joseph**; Gilmet, Kelsey; Prudowsky, Joshua; Neiger, Brad L.; Dubois, David; Flay, Brian (2013). Using the Community Readiness Model as an Approach to Formative Evaluation. Health Promotion Practice 14(5):649-55

Lewis, K. M., Bavarian, N., Snyder, F. J., Acock, A., **Day, J.**, DuBois, D. L., Ji, P., Schure, M. B., Silverthorn, N., Vuchinich, S., Flay, B. R. (2012). Direct and mediated effects of a social-emotional and character development program on adolescent substance use. The International Journal of Emotional Education, 4, 56-78.

Li K, Washburn, I, DuBois, DL, Vuchinich, SPJ, Brechling V, **Day J**, et al. Effects of the Positive Action program on problem behaviors in elementary school students: A matched-pair randomized control trial in Chicago. *Psychology & Health*, 2011 26(2), 187-204.

Washburn I, Acock A, Vuchinich S, Snyder F, Li B, Ji P, **Day J** et al. Effects of a social-emotional and character development program on the trajectory of behaviors associated with character development: findings from three randomized trials. Prevention Science 2011.

Ji P, Flay B, DuBois D, Brechling V, **Day J**, Cantillon D. Consent form return rates for third-grade urban elementary students. *Am J Health Behav.* 2006; 30(5):467-474.

Day J & Buyer L. *The Effect of Race on the Diagnosis of Oppositional Defiant Disorder*; 2002. ERIC Document Reproduction Service ED470718.

Chapter: Effects of Positive Action up to Grade 8 in Urban Schools: Preliminary Report of Results from the Chicago Randomized Trial. B. R. Flay, A.C. Acock, S. Vuchinich, K.M. Lewis, N. Bavarian, M.B. Schure, F.J. Snyder, D. L. DuBois, N. Silverthorn, **J. Day**, N. Portillo

Presentations Kendra Lewis; Samuel Vuchinich; Peter Ji; David DuBois; Alan Acock; Niloofar Bavarian; **Joseph Day**; Naida Silverthorn; Brian Flay. Effects of the Positive Action Program on Indicators of Positive Youth Development Among Urban Youth in the U.S. 2014 SRCDC Special Topic Meeting: *Positive Youth Development (PYD) in the Context of the Global Recession*. This meeting is being held October 23-25, 2014 in Prague, Czech Republic at the Corinthia Hotel.

Aase, D.M., **Day, J.**, Blagen, M., Brown, M., Jason, L.A., Majer, J.M., & Mejta, C. (2013, May). Integrating care in community-based treatment for dually-diagnosed individuals. Roundtable discussion conducted at the Affiliate meeting of the Society for Community Research and Action at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

Lewis, K. M., Acock, A., Bavarian, N., **Day, J.**, Ji, P., Malloy, M., . . . Flay, B. (2012, March). Effects of the Positive Action program on social-emotional outcomes in Chicago Public Schools. Paper presented at the Society for Research in Adolescence, Vancouver, BC, Canada.

Lewis, K. M., Acock, A., Bavarian, N., **Day, J.**, DuBois, D. L., Ji, P., . . . Flay B. (2012, February) .Effects of the Positive Action program on social and emotional outcomes of African-American and Hispanic youth. Paper presented at the Society for Research in Child Development Themed Meeting: Positive Development in Minority Children, Tampa, FL.

Flay, B., Acock, A., Vuchinich, S., Lewis, K., Bavarian, N., Schure, M., Malloy, P., Reed, A., Snyder, F., Li, K., DuBois, D.L., Silverthorne, N., **Day, J.**, Fagen, M. and Portillo, N. Impact of a Social and Character Development Program: Findings from the Chicago RCT of Positive Action. Presented at Annual Conference of the Oregon Public Health Association, Corvallis OR, October 10, 2011.

Flay, B. R., Snyder, F., Bavarian, N., Acock, A. C., Vuchinich, S., DuBois, D. L., Silverthorn, N., & **Day, J.** Effects of Positive Action on academic outcomes: Results from two cluster-randomized trials. Society for Community Research and Action Conference, Chicago IL, June 17, 2011.

Day, J., Silverthorn, N., DuBois, D. L., Flay, B. R., Gilmet, K., & Allred, C. G. Tales from the 'Hood': Lessons learned in implementation of the Family Involvement component of the Positive Action Program in an urban context. Society for Community Research and Action Conference, Chicago IL, June 18, 2011.

Gilmet, K., Fagen, M. C., **Day, J.**, Prudowsky, J., DuBois, D. L., Flay, B. R., & Allred, C. G. Assessment of elementary school readiness to implement the Positive Action Program. Society for Community Research and Action Conference, Chicago IL, June 17, 2011.

Bavarian, N., Flay, B. R., Acock, A., Vuchinich, S., Lewis, K., Schure, M., Snyder, F., DuBois, D., Silverthorn, N., **Day, J.**, Fagen, M., Portillo, N., & Li, K. Impact findings from the Positive Action randomized trial. Society for Prevention Research 19th Annual Meeting, Washington DC, June 3, 2011.

Flay, B. R., Lewis, K., Acock, A., Vuchinich, S., DuBois, D., Silverthorn, N., & **Day, J.** RCT of Positive Action, a universal, school-wide social-emotional and character development program. American Academy of Health Behavior Annual Conference, Hilton Head, SC, March 23, 2011.

Day J. Racial/Ethnic Identity and the Recruitment of African American Males. Paper presented at the Fifth Annual Texas Conference on Health Disparities; May 2010; Fort Worth, TX.

Day J, Buyer L. The Effect of Race on the Diagnosis of Oppositional Defiant Disorder. Paper presented at the 43rd Annual Meeting of the Psychonomic Society; November 2002; Kansas City, MO. Abstract 582.

Day J, Buyer L. The Effect of Race on the Diagnosis of Oppositional Defiant Disorder. Paper presented at the Governor State University Student Research Forum; May 2002; University Park, IL.

Day J. The Response to Oppositional Behavior in a Partial Hospitalization Program: A Model of Behavior Management Governor State University Student Research Forum. Paper presented at the Governor State University Student Research Forum; April 2000; University Park, IL.

Awards

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| 2008 | University of Illinois at Chicago, Chancellor's Committee on the Status of Blacks - Black History Maker Award |
| 2007 | University of Illinois at Chicago School of Public Health
Amuwo Minority Fellowship |

Professional Certification

2007 - Present Research ethics training

Professional Affiliation

Member, American Public Health Association
Member, Society for Community Research and Action

Service

Governors State University

Program Coordinator Community Health Science Program
Member of Department of Addictions Studies and Behavioral Health Criteria Committee
Member of Addiction Studies Advisory Council
Member of Academic Program Review Committee
Marshall; Governor's State University Graduation 2013,14

Local Community

Member of South Suburban College of Health Sciences Advisory Board

National

Member of National Board of Public Health Examiners: subcommittee on community health science

Professional;

Peer Reviewer

American Journal of Public Health
The Journal of Behavioral Health Services & Research

